

Recap from
last week's study:

Treasures

Matthew 6:19-24

- Desires of our heart shape our path.
- We can't go in two separate directions. We must choose which master to pursue.



MATT.
6:25-34

WHY WORRY? JESUS IS ALREADY IN TOMORROW

25 "Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? 26 Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? 27 Can any one of you by worrying add a single hour to your life?

28 "And why do you worry about clothes? See how the flowers of the field grow. They do not labor or spin. 29 Yet I tell you that not even Solomon in all his splendor was dressed like one of these. 30 If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you—you of little faith? 31 So do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' 32 For the pagans run after all these things, and your heavenly Father knows that you need them. 33 But seek first his kingdom and his righteousness, and all these things will be given to you as well. 34 Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.



LET'S EXPLORE MATTHEW 6:25-34

Observe:

- Verse 25: Look up *"worry"* in the concordance (Strong's Greek 3309 μεριμνάω - merimnaó - page 160 in the Greek section of the book)
 - Look up *"life"* in the concordance (Strong's Greek 5590 ψυχή - psuché - page 275 in the Greek section of the book)
- Verse 26: "...Are you not much more valuable than they?"
 - The comparison between you and the birds; what does that tell you about His heart for you?
- Verse 27: Money is treasure, but so is time.
- Verse 29: Jesus makes a comparison about flowers not having to strive for their beauty, yet they were even more beautiful than one of the richest men in history.
- Verse 30: "Little-faith" (Strong's Concordance 3640 /oligópistos) describes someone dull to hearing the Lord's voice, or disinterested in walking intimately with Him. In contrast, the goal of life is to receive (obey) the Lord's gift of faith in each scene of life.
- Verse 32: Some translations use the word *"run"* or *"strive"*. What does it say in the original Greek word? (Strong's 1934 - epizētousin - ἐπιζητοῦσιν)
 - **Cross-Reference for contrast:** Read Isaiah 26:3
- Verse 33: Look up *"righteousness"* in the concordance (Strong's Greek 1343 δικαιοσύνη - dikaiosuné- page 69 in the Greek section of the book)

Interpret:

- What do you believe this passage means?
- What is God speaking to you personally through this study?



NOW, LET'S READ THE AFTER-SUMMARY TOGETHER

In Matthew 6:25-34, Jesus teaches us not to worry about our daily needs—whether it's food, clothing, or anything else we might consider essential. He points to the birds and the flowers, creatures that don't labor or plan yet are still cared for by God. Jesus emphasizes that we are of much greater value to God than birds or flowers, so we should trust that He will take care of us. He asks a thought-provoking question: can worrying add even a single hour to our lives? The answer, of course, is no. Anxiety doesn't help us; instead, it drains us and leaves us restless.

Jesus then shifts the focus from worrying about material things to seeking something far more important—God's Kingdom and His righteousness. By keeping our hearts aligned with God's purposes and seeking His approval above all else, we are reminded that God knows our needs even before we ask. When we make Him the center of our lives, everything else falls into place. Jesus encourages us to take life one day at a time, to focus on what God wants for us today, rather than letting fear or anxiety about the future steal our peace.

This passage ultimately calls us to rest in God, a rest that comes from trusting Him completely. It's an invitation to release control and stop striving for perfection or approval from the world. Instead, Jesus invites us to rest in the assurance that God is faithful and will provide for our needs. When we surrender our worries, we create space in our hearts to hear God's voice more clearly, allowing us to live in harmony with His plan for our lives. This type of rest isn't passive; it's active trust in God's goodness. Isaiah 26:3 reinforces this message, promising that perfect peace is found when our minds are fixed on God, trusting Him fully. This peace transcends our circumstances and is rooted in the relationship we build with God when we seek His presence and approval. In a world full of distractions, learning to quiet our worries and rest in God brings true, lasting peace.



APPLICATION QUESTIONS:

- When you think about hearing from God, how do you actively make space in your day-to-day life to listen for His voice?
- What might it look like to intentionally cultivate peace, as described in Isaiah 26:3, by fixing your thoughts on God during moments of stress or uncertainty?
- How does worrying about your daily needs impact your relationship with God?
 - What practical steps can you take to shift your focus from these anxieties to seeking God's Kingdom and trusting Him with your future?

Closing Prayer...

Heavenly Father, thank You for reminding us through Your Word that we don't need to be consumed by worry or anxiety. Just as You care for the birds and flowers, we trust that You will provide for all our needs. Help us to shift our focus from the concerns of this world to seeking Your Kingdom and righteousness. Teach us to rest in Your faithfulness, knowing that You are in control of every aspect of our lives. Lord, we ask for Your perfect peace, the kind of peace that comes from keeping our hearts and minds fixed on You. When the pressures of life start to overwhelm us, remind us to trust in Your goodness and to seek Your voice above all. Help us to rest in Your presence and to walk each day with confidence, knowing that You will guide and sustain us. In Jesus name, amen.

